FEES 2024/25

Clients are asked to decide for themselves which fee level applies to them. Fees can be paid through PayPal, Bizum, Revolut or bank transfer. Fees are payable either per individual session or at the end of each month.

PLEASE NOTE: This fee also applies to the initial consultation.

Individual Psychotherapy	Per session
Unemployed / student / low income	€40
Medium	€50
High	€60
Group Psychotherapy	
Per session	€20

GENERAL INFORMATION

INDIVIDUAL THERAPY: Sessions last 60 minutes. Clients are asked to give at least 24 hours' notice of non-attendance, otherwise they are charged the usual fee. Fees are usually collected at the end of each session, although if you wish to pay at the end of the month, that is fine too. If I am able to reschedule your appointment for the same week, I will not charge you for the cancelled session.

GROUP PSYCHOTHERAPY: Sessions last 90 minutes. As with individual psychotherapy, clients are asked to give at least 24 hours' notice of non-attendance, otherwise they are charged. Fees are payable at the end of each month.

HOLIDAYS: I usually take Spring (2 weeks), August (4 weeks) and Winter (2 weeks) breaks.

LEAVING: For clients in on-going psychotherapy, individual or group, I ask for a reasonable period of notice (one session minimum) of your intention to leave.

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